

City of Portsmouth

Proclamation

Whereas, Toss Away the "Could Haves" and "Should Haves" Day, a nationwide initiative to promote getting rid of excess mental strongholds, will be celebrated on Saturday, July 16, 2005; and

Whereas, founded by author, columnist and motivational speaker Martha J. Ross-Rodgers, this special day was created to encourage people to toss away all regrets that are making them remain stagnant in their lives; and

Whereas, Martha J. Ross-Rodgers is the author of several books and booklets such as *Awakenings* and *Woman to Woman*; and

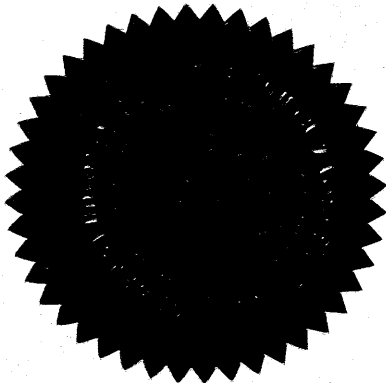
Whereas, Toss Away The "Could Haves" and "Should Haves" Day was created to remind people that in spite of their mistakes, they can still move forward with their lives.

Now, Therefore, I, Dr. James W. Holley III, Mayor of the City of Portsmouth, Virginia do hereby proclaim Saturday, July 16, 2005 as

"Toss Away The "Could Haves" and "Should Haves" Day"

in Portsmouth, and encourage our citizens to avail themselves of the opportunity to let go of past mistakes.

In Witness Whereof, I have hereunto set my hand and caused the Seal of Portsmouth, Virginia to be affixed this fifteenth day of July, two thousand five.



Dr. James W. Holley III
Dr. James W. Holley III
Mayor